



STAR NET Region VI Early Childhood Today Conference

March 8, 2023

AM WORKSHOP SESSION

Title: *Keep The Day Flowing Smoothly: Effective Transition Strategies That Support Children's Needs*

Presenter: Marilyn Peterson

Location: Infinitec Southwest, 7550 West 183rd Street, Tinley Park, Illinois 60477

Contact Hours: 2.5

EI Credit: 2.5 INT

Register on-line: <https://conta.cc/3VlvdYw>

Presenter:

Marilyn Peterson is an education consultant with a BS degree in Regular and Special Ed and a MS degree in Early Childhood Curriculum. She has over the course of her career worked as a primary grade and preschool teacher, adjunct professor, professional development trainer, coach and CLASS assessor. Her passion is making a difference for young children!

Description:

Young children often move from one activity to another in a single day. This can be difficult, especially children are asked to leave activities they enjoy, aren't clear about what to do, wait too long or have sensory issues. Increase your understanding of why it's important to plan for transitions that support ALL young children's needs including those with IEPs. Leave with engaging and fun strategies and activities that will decrease challenging behavior and reinforce learning in a playful way.

DEC Strand: *Instruction*

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PM WORKSHOP SESSION

Title: *Getting to The Bottom of Anxiety & Behavioral Challenges for Everyday Success*

Presenter: *Nisha S. Sanghvi, OTR/L*

Location: Infinitec Southwest, 7550 West 183rd Street, Tinley Park, Illinois 60477

Time: Check in begins at 12:00 PM. The workshop starts at 12:30 PM and continues to 3:00 PM.

Contact Hours: 2.5

EI Credit: 0.75 ATY, 1.0 INT, 0.75 TYP

Register on-line: <https://conta.cc/3GC8F7q>

Presenter:

Nisha S. Sanghvi, OTR/L is a licensed and certified occupational therapist with more than 20 years of experience in pediatrics. Nisha graduated from Quinnipiac University in CT with a degree in occupational therapy. She has worked in a variety of settings including hospitals, outpatient clinics, early childhood programs, schools and home/community-based settings. She provides continuing education trainings throughout the country. Nisha partners with families to help identify priorities and works to build upon their knowledge to support their child. She strongly believes in team collaboration to help children be successful at home, school and the community. Nisha currently has her own practice, Integrated Pediatrics, providing direct and consultation services. She is a training consultant for the Illinois Early Intervention Training Program developing curriculum and providing trainings. She serves on the governor appointed Illinois Interagency Council on Early Intervention, is a member of national and state level Occupational Therapy Associations, serving on the Illinois Early Intervention Special Interest Committee and a member of the Division of Early Childhood (DEC). Nisha strives to help give children and families the self-confidence and skills they need to succeed in everyday activities.

Description:

*Children today are growing up in a world of constant change and expectations. Anxiety is on the rise at a younger age and often presents as challenging behaviors in children. The early years are a critical period where the brain has the ability to change, relearn and strengthen important neural connections. This requires engagement in rich learning experiences and responsive interactions. Attendees will gain a deeper understanding of the anatomy of the brain, and how both the neuroscience and behavioral science can **help** professionals to **design meaningful learning opportunities and implement effective strategies** within routines that support all young children including those with IFSPs and IEPs. Attendees will explore strategies that focus on integrating the brain, body and emotional self and will enhance their assessment skills to investigate the functions of behaviors so that strategies can be individualized for the child. Resources on how to use a strengths-based approach with team collaboration will be identified to utilize a growth mind-set when supporting children with everyday success.*

DEC Strand: Instruction